

THE 5 PRINCIPLES BEHIND THE AIMEE LITTLES APPROACH

A PHILOSOPHY FOR CALM, CONNECTION-CENTERED BILINGUAL
LEARNING.



MS. AIMEE LITTLES®

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With the Aimee Littles (AL) Approach:

You don't need to be a teacher.

You don't need perfect Spanish.

And you don't need to turn your home into a classroom.

The AL Approach is built on a simple belief: some of the most meaningful language learning happens during the moments families are already sharing together.

These are the five principles that guide every Littles Bilingual Buddies episode.



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Principle 1

Connection Comes First

Children are more likely to engage when they feel connected.

That doesn't mean every moment has to be perfect. It simply means that relationships matter.
A conversation during breakfast, reading together before bed, or laughing over something you found outside can become meaningful learning moments.
The goal isn't to get your child to say the right word.
It's to enjoy learning together.

Principle 2

You Don't Have To Rush

Children notice more than we sometimes realize.

Giving them a few extra seconds to look, think, or simply listen isn't wasted time.
That's why our episodes have pauses.
We aren't waiting for children to answer - we're giving them space to take it all in.

Principle 3

Real Life Is The Best Classroom

Children don't only learn language from flashcards.

They learn it while picking strawberries.
Watching a bird outside.
Feeding the dog.
Going on a walk.
Putting on shoes.
Language sticks when it has something real to connect to.



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Principle 4

We Repeat for a Reason

You may notice we often say something like:

Mira el pájaro.

Look at the bird.

Mira el pájaro.

This is our Echo Method.

We use English to help children understand the meaning, then return to Spanish so the language reconnects to the idea.

English isn't the destination – it's a bridge back to Spanish.

As children grow in understanding and confidence, we gradually reduce the use of English, allowing Spanish to take a more natural lead. Sometimes we invite children to repeat a word or phrase with us, and over time, those moments help build confidence using Spanish more independently.

Principle 5

We Meet Children Where They Are

Every child begins their bilingual journey from a different place.

Some are hearing Spanish for the first time. Others already understand quite a bit. Some are ready to repeat new words right away, while others need more time and exposure before they feel confident joining in.

The AL Approach responds to each child with the level of support they need. As understanding grows, we gently step back – using less English, offering fewer prompts, and creating more opportunities for children to engage with Spanish on their own.



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LITTLES BILINGUAL BUDDIES

